**Metabolic Assessment Form™ - Nutritional Key**

### CATEGORY I: Colon Support

**FOR TREATMENT OF SYMPTOMS:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Colon Health**:  
4-R Program: Remove, Replace, Reinoculate, Repair  
Remove: GI-SYNERGY™ (K64): 1 packet once a day  
Replace: HCL-ProZyme™ (Z26): 1-4 tablets 3 times a day with meals  
BileMin™ (K11): 1-2 capsules 2-3 times a day with meals  
SUPERDIGESTZyme™ (Z22): 1-2 tablets 1-3 times a day with meals  
Reinoculate: STRENGTH™ (K61): 1-3 capsules a day with water  
Repair: REPAIRVITE™ (K60), (K63): 1 scoop 1-2 times a day  
STRENGTH™ (K61): 1-3 capsules a day with water

### CATEGORY II: Intestinal Integrity Support

**(also check for Intestinal Permeability)**  
**FOR TREATMENT OF SYMPTOMS:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Healthy Intestinal Integrity**:  
REPAIRVITE™ (K60), (K63): as directed by REPAIRVITE™ Program booklet  
GI-SYNERGY™ (K64): 1-2 packets with meals  
STRENGTH™ (K61): 1-3 capsules a day with water  
ULTRA-D COMPLEX™ (K35): 2-4 teaspoons a day

### CATEGORY III: Chemical Tolerance Support

**(also check for Loss of Chemical Tolerance)**  
**FOR TREATMENT OF SYMPTOMS:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Healthy Chemical Tolerance**:  
REPAIR & CLEAR™ Program: as directed by REPAIR & CLEAR™ Program booklet. Basic or comprehensive program, as directed by a healthcare professional.

### CATEGORY IV: Stomach Support

**(also check for Hypochlorhydria)**  
**FOR TREATMENT OF SYMPTOMS:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Healthy Hydrochloric Acid Levels**:  
HCL-ProZyme™ (Z26): 1-2 tablets 3 times a day with meals  
PROTEO-ZYME™ (Z19): 1-2 capsules 3 times a day with meals  
Immune support during H. pylori  
**FOR TREATMENT OF SYMPTOMS:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for a Healthy pH Balance and Gastrointestinal Health**:  
H-PLR™ (K32): 1-2 capsules 2-3 times a day for 30 days  
HCL-ProZyme™ (Z26): 1-4 tablets 2-3 times a day  
GASTRO-ULC™ (K29): 1-3 tablets 2-3 times a day with meals  
MYCO-ZYME™ (Z13): 1-2 capsules 2-3 times a day

### CATEGORY V: Stomach Support

**(also check for Hyperacidity)**  
**FOR TREATMENT OF SYMPTOMS:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for a Healthy pH Balance and Healthy Hydrochloric Acid Levels**:  
HCL-ProZyme™ (Z26): 1-4 tablets 3 times a day  
GASTRO-ULC™ (K29): 1-3 tablets 2-3 times a day with meals  
Hyperacidity with Ulcer or Preulcerous State  
**FOR TREATMENT OF SYMPTOMS:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Healthy Gastrointestinal Tissue**:  
GASTRO-ULC™ (K29): 1-3 tablets 2-3 times a day with meals  
H-PLR™ (K32): 1-2 capsules 2-3 times a day for 30 days  
Hyperacidity with H. pylori Inoculation  
**FOR TREATMENT OF SYMPTOMS:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for a Healthy pH Balance and Gastrointestinal Health**:  
H-PLR™ (K32): 1-2 capsules 2-3 times a day for 30 days  
HCL-ProZyme™ (Z26): 1-4 tablets 2-3 times a day  
GASTRO-ULC™ (K29): 1-3 tablets 2-3 times a day with meals  
MYCO-ZYME™ (Z13): 1-2 capsules 2-3 times a day  
Hyperacidity Due to Stress  
**FOR TREATMENT OF SYMPTOMS:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for a Healthy pH Balance and for a Healthy Stress Response**:  
ADRENACALM™ (K16), (K73): apply in the morning, afternoon, and evening  
GASTRO-ULC™ (K29): 1-3 tablets 2-3 times a day with meals

### CATEGORY VI: Small Intestinal/Pancreatic Support

**Pancreatic Insufficiency**  
**FOR TREATMENT OF SYMPTOMS:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Pancreatic Health**:  
SUPERDIGESTZyme™ (Z22): 1-3 tablets with or between meals  
Pancreatic Insufficiency Secondary to Hypochlorhydria  
**FOR TREATMENT OF SYMPTOMS:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Pancreatic Health and Healthy Hydrochloric Acid Levels**:  
SUPERDIGESTZyme™ (Z22): 1-3 tablets with or between meals  
HCL-ProZyme™ (Z26): 1-4 tablets 2-3 times a day

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**CATEGORY VI: Small Intestinal/Pancreatic Support (Cont.)**

Small Intestine Dysfunction  
FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Small Intestinal Health**:  
SMALL INTESTINE TERRAIN™ (T10): 20-60 drops under the tongue, 1-3 times a day before meals  
CLEARVITE™ Program: three-week intestinal support program as directed by the CLEARVITE™ Program booklet  
(GASTRO-ULC™ (K29)): 1-3 tablets 2-3 times a day with meals

**CATEGORY VII: Biliary Support**  
Biliary Insufficiency and/or Stasis  
FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Biliary Health**:  
METHYL-SP™ (K14): 1-2 capsules 2-3 times a day with meals  
LYPOMIN-LV™ (K33): 1-3 capsules 3 times a day  
METACRIN-DX™ (K10): 1-3 capsules 2-3 times a day  
BLEMIn™ (K11): 1-2 capsules 2-3 times a day  
SUPER EFA COMPLEX™ (K08): 1-2 tablespoons 1-3 times a day  
C-ZYME 1000™ (Z04): 1 tablet 3 times a day with meals  
Mg/K-ZYME™ (Z11): 1 tablet 3 times a day with meals

**CATEGORY VIII: Hepatic Detoxification Support**  
Hepatic Detoxification  
FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Healthy Hepatic Biotransformation**:  
CLEARVITE-SF™ (K24) or CLEARVITE-PSF™ (K84): as directed by CLEARVITE™ Program booklet (please visit www.clearvite.info)  
HEPATO-SYNERGY™ (K69): 1-2 packets a day with meals

**CATEGORY IX: Blood Sugar Balance Support**  
(also check for Hypoglycemia)  
FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for a Healthy Blood Sugar Balance**:  
PROGLYCO-SYNERGY™ (K80): 1 packet 1-2 times a day  
SUPER EFA COMPLEX™ (K08): 1-2 tablespoons 1-3 times a day  
ADRENASTIM™ (K15), (K72): apply in the morning and at noon  
GLYCEMOVITEx™ (K85): 1 serving between meals

**CATEGORY X: Blood Sugar Balance Support**  
(also check for Insulin Resistance)  
FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Healthy Insulin Receptor Sensitivity**:  
GLYSEN-SYNERGY™ (K79): 1 packet 1-2 times a day  
OMEGACo3™ (K07): 1-2 tablespoons 1-3 times a day  
ADRENACALM™ (K16), (K73): apply in the morning, afternoon, and evening  
OXICELL® (K22), (K70): apply in the morning, afternoon, and evening  
GLYCEMOVITEx™ (K85): 1 serving between meals

**CATEGORY XI: Adrenal Support**  
(also check for Adrenal Hypofunction)  
FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Healthy Adrenal Function**:  
ADRENACALM™ (K15), (K72): apply in the morning and at noon  
ADAPTOCRINE™ (K02): 1-3 capsules 3 times a day  
May Also Need to Support a Healthy Blood Sugar Balance (see Category IX)  
PROGLYCO-SP™ (K13): 1-2 capsules 3 times a day  
SUPER EFA COMPLEX™ (K08): 1-2 tablespoons 1-3 times a day

**CATEGORY XII: Adrenal Support**  
(also check for Adrenal Hyperfunction)  
FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Healthy Adrenal Function**:  
ADRENACALM™ (K16), (K73): apply in the morning, afternoon, and evening  
ADAPTOCRINE™ (K02): 1-3 capsules 3 times a day  
May Also Need to Support a Healthy Blood Sugar Balance (see Category IX)  
GLYSEN™ (K01): 2-4 capsules 3 times a day with meals  
OMEGA-Co3™ (K07): 1-2 tablespoons 1-3 times a day

**CATEGORY XIII: Electrolyte and pH Balance Support**  
FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for a Healthy Electrolyte and a Healthy pH Balance**:  
ELECTRO-PH™ COMPLEX (K86): product and diet, as directed by product booklet

**CATEGORY XIV: Thyroid Support**  
(also check for Hypofunction)  
FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Healthy Thyroid Function and a Healthy Stress Response**:  
THYROXAL™ (K12): 1-2 capsules 3 times a day

**Nutritional Support for Thyroid Health**:  
THYROXAL™ (K12): 1-2 capsules 3 times a day  
THYRO-CNV™ (K09): 1-2 capsules 3 times a day

Thyroid Underconversion  
FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Healthy T3 Levels**:  
THYRO-CNV™ (K09): 1-2 capsules 3 times a day  
ADRENACALM™ (K16), (K73): apply in the morning, afternoon, and evening  
ADAPTOCRINE™ (K02): 1-3 capsules 3 times a day

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<table>
<thead>
<tr>
<th>CATEGORY XV: Thyroid Support</th>
<th>CATEGORY XIX (Males Only): Andropause Support (Cont.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>(also check for Hyperfunction)</td>
<td>Elevated Estrogen</td>
</tr>
<tr>
<td>FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.</td>
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<tr>
<td><strong>Nutritional Support for Thyroid Health</strong>:</td>
<td><strong>Nutritional Support for Healthy Estrogen Levels</strong>:</td>
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<td></td>
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<tr>
<td></td>
<td>Testanex” (K17), (K74): apply 2 times a day</td>
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<tr>
<td></td>
<td>Glysen” (K01): 2-4 capsules 3 times a day with meals</td>
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<td></td>
<td>OmegaCo3” (K07): 1 tablespoon 1-3 times a day</td>
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<tr>
<td></td>
<td>FibroMin” (K25): 1-2 capsules 2-3 times a day</td>
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<tr>
<td></td>
<td>Estrovite” (K05): 1-2 capsules 3 times a day</td>
</tr>
<tr>
<td><strong>CATEGORY XVI: Pituitary Support</strong></td>
<td><strong>Nutritional Support for Healthy Progesterone Function</strong>:</td>
</tr>
<tr>
<td>(also check for Hypofunction)</td>
<td>Progestaid” (K04): 1-2 capsules 3 times a day</td>
</tr>
<tr>
<td>Refer to Thyroid Support Category XIV</td>
<td>Progesterone (K20): 10 drops once a day</td>
</tr>
<tr>
<td>FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.</td>
<td>Super EFA Complex” (K08): 1-2 tablespoons 1-3 times a day</td>
</tr>
<tr>
<td><strong>Nutritional Support for Pituitary Health</strong>:</td>
<td><strong>Nutritional Support for Healthy Estrogen Metabolism</strong>:</td>
</tr>
<tr>
<td></td>
<td>Estrovite” (K05): 1-2 capsules 3 times a day</td>
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<td></td>
<td>Super EFA Complex” (K08): 1-2 tablespoons 1-3 times a day</td>
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<tr>
<td>ThyraXis-PT” (K30): 1-2 capsules 3 times a day</td>
<td><strong>Nutritional Support for Healthy Adrenal Function</strong>:</td>
</tr>
<tr>
<td>AdrenaCalm” (K16), (K73): apply in the morning, afternoon, and evening</td>
<td>Proglyco-SP” (K13): 1-2 capsules 3 times a day</td>
</tr>
<tr>
<td>AdaptoCrin” (K02): 1-3 capsules 3 times a day</td>
<td>AdrenaStim” (K15), (K72): apply in the morning and at noon</td>
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<td><strong>CATEGORY XVII: Pituitary Support</strong></td>
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<td>Prosta-DHT” (K06): 1-2 capsules 2-3 times a day</td>
<td>Progesterone (K20): 10 drops once a day</td>
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<td>Super EFA Complex” (K08): 1-2 tablespoons 1-3 times a day</td>
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<td><strong>Nutritional Support for Healthy Estrogen Metabolism</strong>:</td>
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<td>FibroMin” (K25): 1-3 capsules 2-3 times a day</td>
<td>Estrovite” (K05): 1-2 capsules 3 times a day</td>
</tr>
<tr>
<td>Zinc-Zyme” (Z03): 1 capsule 3 times a day with meals</td>
<td>Super EFA Complex” (K08): 1-2 tablespoons 1-3 times a day</td>
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<td><strong>CATEGORY XVIII (Males Only): Prostate Support</strong></td>
<td><strong>Nutritional Support for Healthy Progesterone Function</strong>:</td>
</tr>
<tr>
<td>(also check for Hypertrophy)</td>
<td>Progestaid” (K04): 1-2 capsules 3 times a day</td>
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<td>FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.</td>
<td>Progesterone (K20): 10 drops once a day</td>
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<td><strong>Nutritional Support for Prostate Health</strong>:</td>
<td>Super EFA Complex” (K08): 1-2 tablespoons 1-3 times a day</td>
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<td><strong>CATEGORY XIX (Males Only): Andropause Support</strong></td>
<td><strong>Nutritional Support for Healthy Estrogen Metabolism</strong>:</td>
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<td>FOR TREATMENT OF SYMPTOMS: Appropriate conventional medical management and drug administration by a physician.</td>
<td>Estrovite” (K05): 1-2 capsules 3 times a day</td>
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<tr>
<td><strong>Nutritional Support for Healthy Testosterone Levels</strong>:</td>
<td>Super EFA Complex” (K08): 1-2 tablespoons 1-3 times a day</td>
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<td>Estrovite” (K05): 1-2 capsules 3 times a day</td>
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<tr>
<td>Opticrin™ (K03): 1-2 capsules 2-3 times a day</td>
<td>Super EFA Complex” (K08): 1-2 tablespoons 1-3 times a day</td>
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</table>

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